

# **NEWSLETTER #4 | April 2024**

Welcome to the fourth and final newsletter of the Culture on Prescription Erasmus+ project! This project started on the 1<sup>st</sup> of January 2022 and has now come to an end. You can find more information about the project results on our website: <a href="mailto:culture-on-prescription.eu">culture-on-prescription.eu</a>.

#### IN THE SPOTLIGHT

### **Project results presented at the EAEA event**

The European Association for the Education of Adults (EAEA) hosted a successful final event for Culture on Prescription where international experts discussed the results of the project and how to implement them in the future.



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# **WHAT WE DID**



# The Training Kit and platform are now available

Are you an artist, an adult educator or a facilitator? Great, the training is for everyone! The Training Kit and the Learning Platform will provide you with advice, materials and guidance to inspire and prepare your course!

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# Recommendations on how to implement Cultural Prescribing

Did you know that cultural activities such as art, music and theatre can increase emotional well-being, strengthen the sense of community, and thus counteract feelings of loneliness and isolation? We have compiled success factors for individual countries and general recommendations for adopting a Culture on Prescription programme for decision-makers in municipalities and associations.

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#### **Insights from recent pilot courses**

Through pre- and post-course surveys, we have collected valuable data shedding light on the effectiveness of our interventions in promoting well-being and alleviating loneliness. You can read more about the insights by clicking the button below.

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#### **Virtual Exchange Cycle**

The last session of the "Virtual Exchange Cycle" took place on January 16, 2024. The event was organised by GEAC and aimed to share Romania's experience from the "Theatre Therapy" workshop.

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#### A multiplier event has been conducted in Frankfurt

On Friday 15 March 2024, guests from various sectors and initiatives attended the closing event of "Culture on Prescription", organised by the Frankfurt Health Department.

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#### **FURTHER INFORMATION**

#### Check out the articles on the multiplier events!

All the partners have held a multiplier event. In Portugal, 89 people participated. At the closing event in Frankfurt, videos about the project and the pilot courses were presented. In Bucharest, the quidelines were discussed.

**GERMANY** 

**IRELAND** 

**NETHERLANDS** 

**PORTUGAL** 

**ROMANIA** 

# **HAVE A LOOK ON OUR WEBSITE**

**GET INSPIRED!** 

**GET INVOLVED!** 

WHAT IS UP?



You received this newsletter because you are directly involved with or interested in the project Culture on Prescription in Europe. If you have any questions, suggestions collaboration or further comments, please let us know.















