

# **NEWSLETTER #2 | JULY 2023**

Welcome to the second Newsletter of the Culture on Prescription Erasmus+ project! We are happy to inform you about the progress of the project in which you are involved or interested. More information can be found online on our website <u>culture-on-prescription.eu</u>.

### IN THE SPOTLIGHT

### Compendium now available in all languages

The compendium 'Health Promotion Through Cultural Learning Experiences' is the first result of the project Culture on Prescription. One of the aims of this compendium is to provide an insight into social and cultural prescribing in Europe and to explore the current best practice.

**READ COMPENDIUM** 



## WHAT WE DID SO FAR



### **Improvisation is the key in Theatre Therapy**

The "Theatre Therapy" course in Bucharest makes deliberate use of creative exercises. With a warm-up, participants are put in the right mood to then start working on improvisation.

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### Einsam, zweisam, dreisam?

The Culture on Prescription project was presented at the event "Einsam, zweisam, dreisam?" organized by Frankfurt Health Department. The project was received with great interest. Participants showed curiosity about how to prevent loneliness and how this project can contribute to it.

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### **Two types of Prescription courses in Germany**

In Frankfurt am Main, two very different courses were organized by the Health Department and ISIS. Participants were able to socialize and learn how to express themselves through art or theatre. Curious to learn more about these courses?

#### **READ MORE**



### Warm welcome to new associated partner

The Culture on Prescription project has welcomed a new associated partner: The recently founded Healing Culture Network e.V., which already includes stakeholders from all over Germany. Are you interested in becoming an associated partner? Please contact us.

#### **READ MORE**



### **Exercising the conscious imagination**

In Portugal organized by SHINE and a Theatre Company from Coimbra participants exercised their conscious imagination to (re)know the world we live in through the Senses Workshops. Curious to read more about the workshops?

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### **Successful paint workshops in The Netherlands**

In Gouda, the last session of the paint workshop is nearby. The participants delivered very nice paintings. Click on the button below to read what painter Harmen and one participant thought of the workshop.

#### **READ MORE**



### **Building Stories workshop in Dublin**

"The 'Building Stories' workshop participants have been gaining experience in different types of printmaking, mono prints, stamp printing and lino printing. It's great to see their enthusiasm and how they have progressed, but the best part for me is seeing how through art making we can share our stories of place and create connections". (Susan Leen, Art Facilitator, COPE, DCU)

# **STAY TUNED!**

#### Follow our social media campaign!

Every month, the project team posts on social media about the project. This way, we hope to reach more people and convey our enthusiasm for the project. The posts are very different: from people stating what they expect, to substantive insights on how to shape the Culture on Prescription project. Check out the latest post here!

**READ POST** 

# TAKE A TOUR OF OUR WEBSITE

Take a look at the Virtual Library!

GET INSPIRED!

Download our leaflet here!

GET INVOLVED!

Read news about the project!



You receive this newsletter because you are directly involved in or considered to be interested in the Culture on Prescription in Europe project. If you have any questions, suggestions for cooperation or any further comments, please let us know.

















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